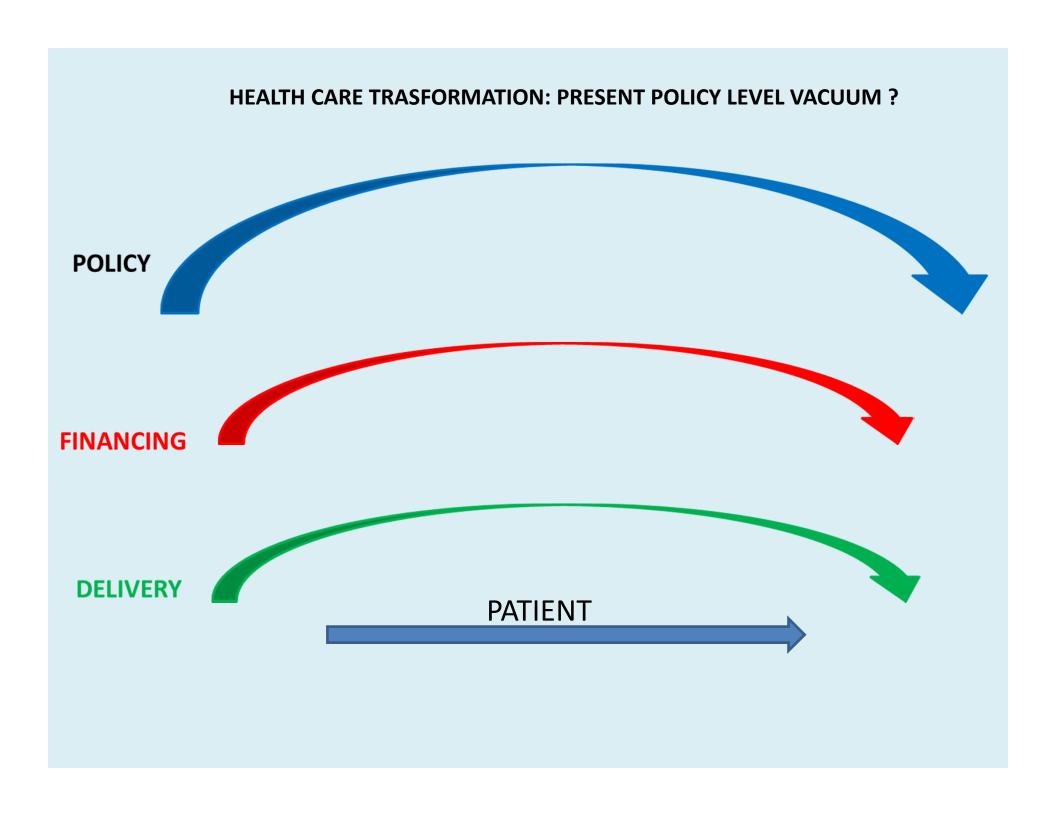


" A POLITICAL PERSPECTIVE ON INTEGRATED CARE IMPLEMENTATION"

Rafael Bengoa Institute for Health & Strategy Bilbao. Spain

SI-HEALTH

INSTITUTE FOR HEALTH





HEALTH SYSTEM JOURNEY *

REACTIVE ACUTE BIO-MEDICAL MODEL POPULATION HEALTH.
PROACTIVE
ACCOUNTABLE CARE

BROADER
INTERSECTORAL
HEALTH & HEALT
DETERMINANTS

OLICY
PAYING FOR VOLUME

INANCING

GLOBAL PAYMENT PAYMENT FOR VALUE & VOLUME

FINANCING COMMUNITY DEVELOPMENT

TRIPLE AIM

COORDINATED CHRONIC CARE INTEGRATED & CONNECTED CARE PEOPLE-CENTERED CARE

STAKEHOLDER INVOLVEMENT

INDIVIDUAL MEDICAL CARE

STRATIFIED PREVENTIVE CARE ACTIVE PATIENT.

ACCOUNTABLE CARE ORGANIZATIONS

/FORMAL NETWORK & CIVIL SOCIETY

INFORMAL

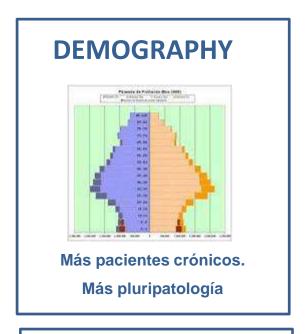
HEALTH IN ALI POLICIES

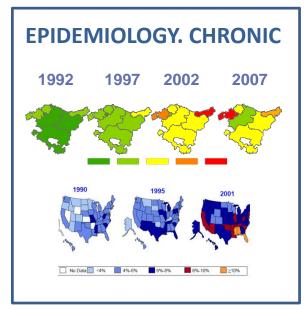
DELIVERY PASI

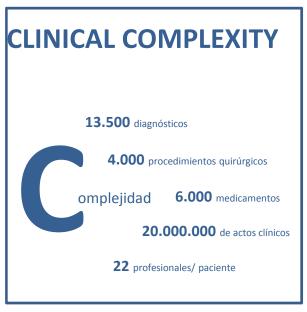
FRAGMENTED CARE
PASIVE PATIENT

EFFICIENCY

EU COUNTRIES: DIFFERENT DEGREES BUT SIMILAR CHALLENGES!

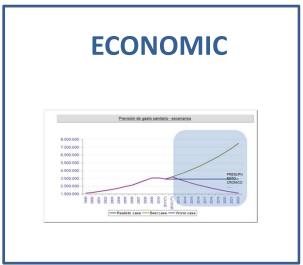








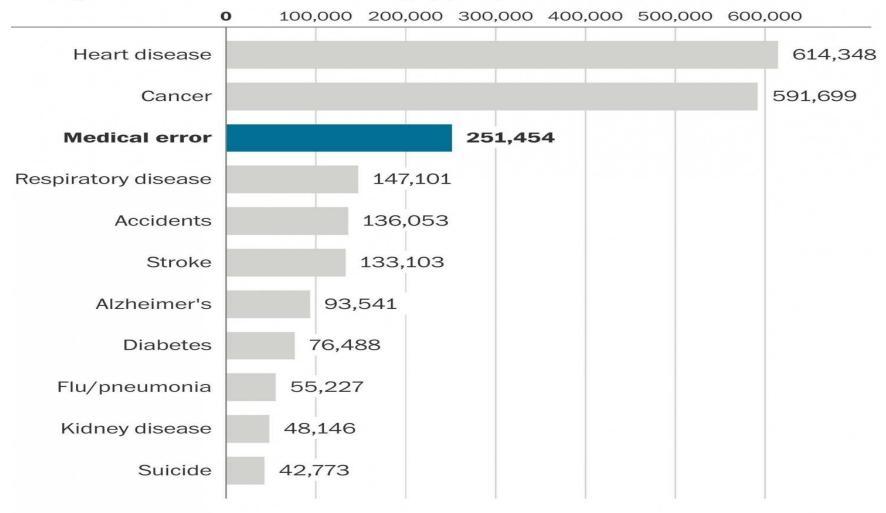




Death in the United States

Source: National Center for Health Statistics, BMJ

Johns Hopkins University researchers estimate that medical error is now the third leading cause of death. Here's a ranking by yearly deaths.

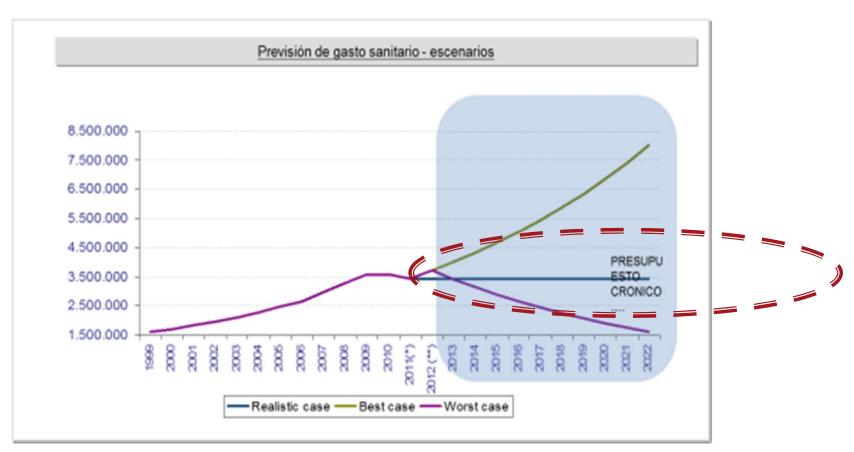


THE WASHINGTON POST

FRAGMENTATION...



Chronic Budget!!



DIFFERENT SYSTEMS: SAME POLICY INTENT

- GET BEYOND FRAGMENTATION OF CARE.
- MOVE TO SYSTEM MANAGEMENT
- TARGET BETTER CHRONIC CONDITIONS MANAGEMENT
- IMPROVE PATIENT-CENTEREDNESS & EMPOWERMENT
- MOVE TOWARDS <u>POPULATION HEALTH</u> MANAGEMENT.
- EXPAND USE OF INFORMATION AND COMMUNICATION TECHNOLOGY.
- EXPLORE AND ADAPT OUTCOME BASED PAYMENT MODELS TO ENCOURAGE <u>VALUE</u> VERSUS ACTIVITY



The Response: 5 P

PROACTIVITY



PATIENT EMPOWERMENT



PERSONALIZATION



PREVENTION



POPULATION



! THE POLICY LEVEL RESPONSE!

MORE RESOURCES

&

TRANSFORMATION

MORE RESOURCES

&

NO TRANSFORMATION

NO RESOURCES

&

TRANSFORMATION

NO RESOURCES
NO TRANSFORMATION



POLICY LEVEL HAS A MANAGEMENT "ARSENAL" FOR TRANSFORMATION

- Electronic Medical Record
- Electronic prescription
- Telemedicine, telecare, telemonitoring
- Risk Stratification Population
- New financing models
- Integrated care
- Coordination Health & Social Care

- New professional roles (nursing)
- Patient Empowerment (self-management)
- Third sector Strengthening
- Transformation of subacute facilities
- Methods for a greater engagement of health professionals
- New forms of distributive/facilitator leadership.

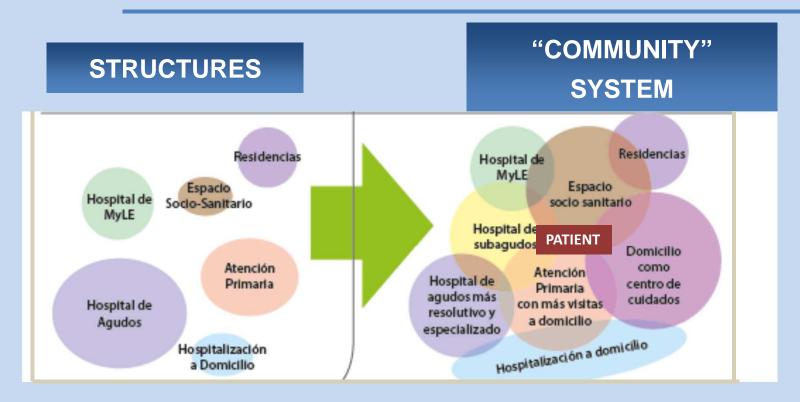
WE HAVE "SYSTEM" FRAMEWORKS

MODELS/FRAMEWORKS WHICH HELP TO WRAP AROUND ALL KEY ELEMENTS..

- •FRAMEWORKS WHICH PROVIDE A "SYSTEM" PERSPECTIVE
- *BEING USED BY BOTH GOVERNMENTAL & CORPORATE SECTOR



POLICY LEVEL: MANAGE "SYSTEMS" RATHER THAN MANAGING STRUCTURES



- Mental map Structures
- Fragmentation
- Reactive episodic care
- Paternalistis
- Vertical leadership
- Financing structures and activity

- Mental map : SYSTEM
- Continuity of care across a SYSTEM
- Proactive SYSTEM
- Patient empowerment
- Decentralized SYSTEM leadership
- Paying for value
- Health & social care "SYSTEM"



NEED TO MANAGE TWO AGENDAS SIMULTANEOUSLY AT THE POLICY LEVEL



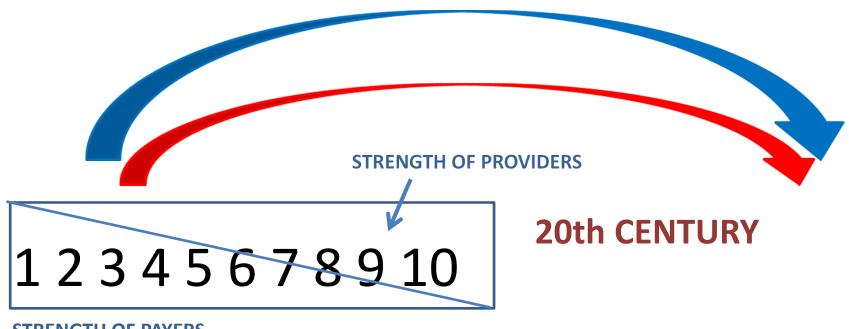


- REINFORCES A "RESIST" CULTURE
- DOES NOT CHANGE MODEL OF CARE
- SOME LOW HANGING FRUIT STILL AVAILABLE (WASTE)

LAUNCHES A TRANSFORMATIVE CULTURE

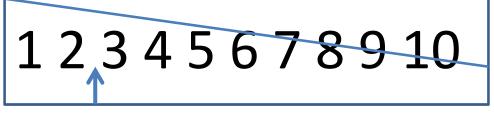


- REACH UP FOR THE HIGH HANGING FRUIT
- TOUGH BUT DOES CHANGE THE MODEL OF CARE
 - ENGAGE POLITICIANS!



STRENGTH OF PAYERS

STRENGTH OF PROVIDERS



21 st CENTURY

STRENGTH OF PAYERS

SOURCE: Muir Gray

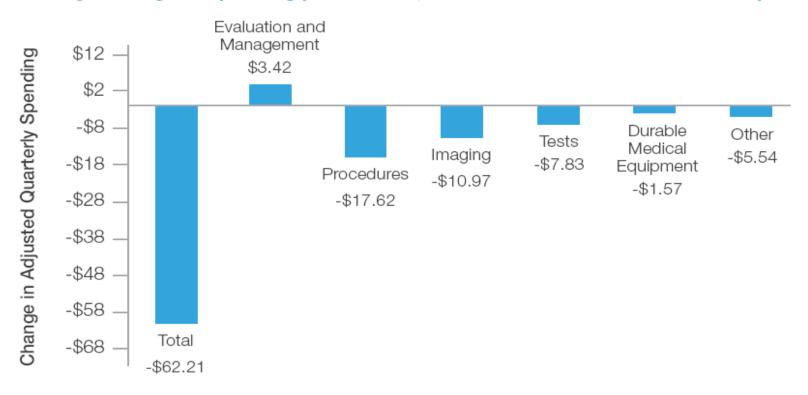
The Alternative Quality Contract (AQC)

•Resultados que avalan el modelo:

•Desaceleración de los gastos:

10% de ahorro en gastos médicos en el cuarto año.

Average Change in Spending per Enrollee, 2009 AQC Cohort vs. Control Group



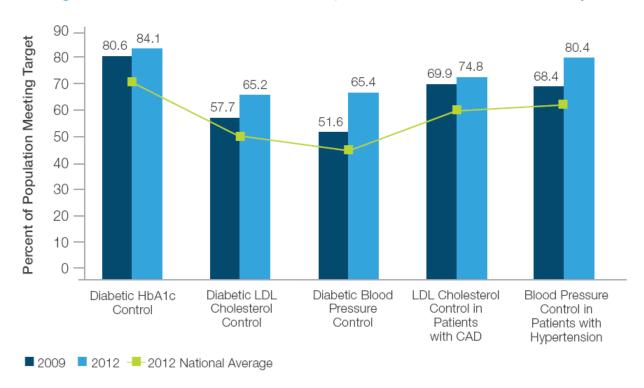
Source: Song, Z., Rose, S., Safran, D. G., et al. "Changes in Health Care Spending and Quality 4 Years into Global Payment," The New England Journal of Medicine, 371(18)2014; 1704-14. Pecentages based on average post-intervention claims in the AQC cohort.

The Alternative Quality Contract (AQC)

•Results seem to support new payment models:

• Improvements in quality

Average Performance on Outcome Measures, 2009 AQC Cohort vs. Control Group



Source: Song, Z., Rose, S., Safran, D. G., et al. "Changes in Health Care Spending and Quality 4 Years into Global Payment," The New England Journal of Medicine, 371(18)2014; 1704-14. CAD = coronary artery disease

Measures not related to incentives do not improve

Key Value-Based Payment Dates in DSRIP Timeline

Year 0 April 2014– March 2015	Year 1 April 2015– March 2016	Year 2 April 2016– March 2017	Year 3 April 2017– March 2018	Year 4 April 2018– March 2019	Year 5 April 2019– March 2020
April 2014: DSRIP Year 0 begins	June 2015: CMS approves State Roadmap for Medicaid Payment Reform	PPSs submit growth plans outlining the path of their network towards 90% VBP	By year end: At least 10% of total MCO expenditures are captured in Level 1 VBP arrangements or above	By year end: At least 50% of total MCO expenditures are captured in Level 1 VBP arrangements or above At least 15% of total payments are captured in Level 2 VBP arrangements or higher (fully capitated plans)	By year end: 80%—90% of total MCO expenditures are captured in at least Level 1 VBPs At least 35% of total payments are captured in Level 2 VBP arrangements or higher (fully capitated plans) At least 15% of total payments are captured in Level 2 VBP arrangements or higher (not fully capitated plans)

Note: MCO = managed care organization.

Source: New York State Department of Health, A Path Toward Value-Based Payment: New York State Roadmap for Medicaid Payment

Reform Annual Update, March 2016.

SOME POSITIVE RESULTS

Evidence: Benefits in:

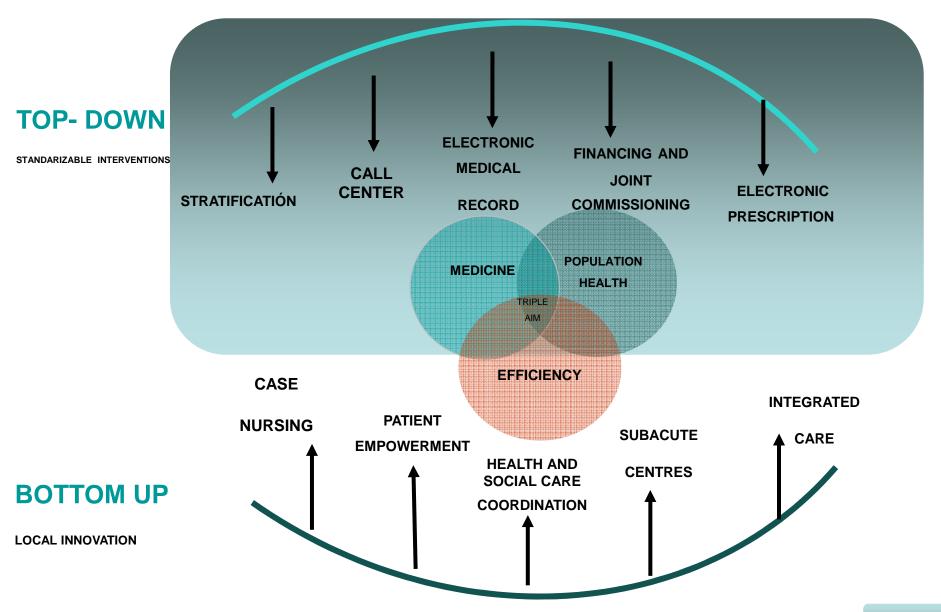
- Improved outcomes
- Patient satisfaction
- Patient safety
- Increased use of care plans
- New roles for staff
- Ambiguous results at reducing costs

WHAT ARE WE LEARNING ABOUT IMPLEMENTATION AT THE POLICY LEVEL?



Minister of Health

Leadership approach more important than the arsenal!



TYPE of LEADERSHIP? BALANCE PUSH & PULL STRATEGIES

- Some level of "orquestration" from above but seeking to identify commitment rather than compliance
- Key element of the "orquestration" is from the payment reforms (value) rather than from micromanagement of providers.



LAUNCH BOTTOM UP!



- DEVELOPING A "HIGH INVOLVEMENT CULTURE" WITH HEALTH CARE PROFESSIONALS.
- DEVELOPING AN ENVIRONMENT WHERE <u>LOCAL</u> PROVIDERS CAN <u>INNOVATE</u> ORGANISATIONALLY.
- LOCAL SELF DISCOVERY AS AN APPROACH TO GUARANTEE SCALE UP

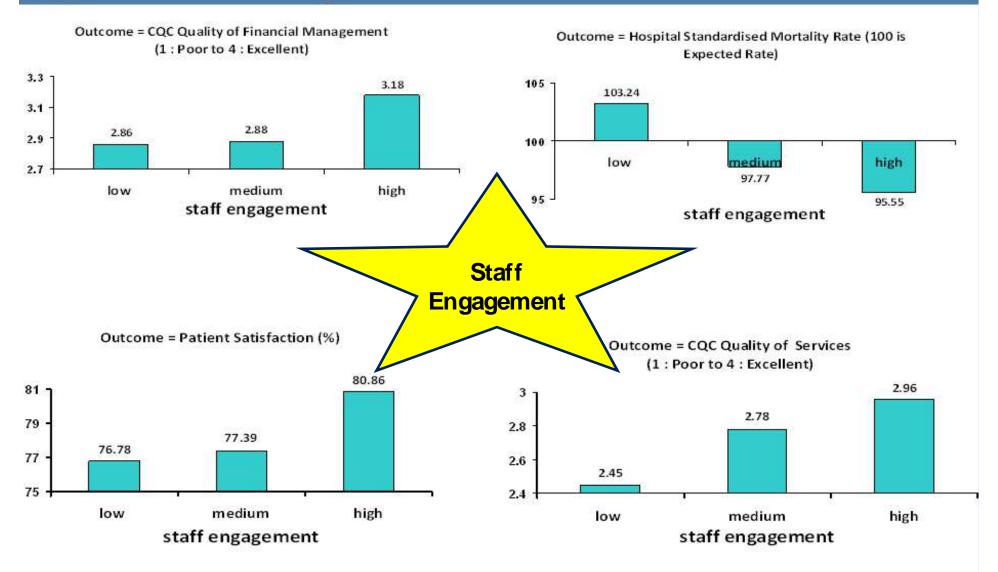


Change From the Inside Out: Health Care Leaders Taking the Helm

<u>Donald M. Berwick, MD, MPP¹</u>; <u>Derek Feeley, DBA¹</u>; <u>Saranya Loehrer, MD, MPH¹</u>

JAMA. 2015;313(17):1707-1708. doi:10.1001/jama.2015.2830

High levels of staff engagement have a positive impact on a range of outcomes in the NHS:



Rihov Hospital in Sweden

- 60% OF PATIENTS ARE ON SELF DYALISIS
- TARGET = 75 %
- FROM DEPENDENCY TO AUTONOMY



RYHOV HOSPITAL. LINKOPING. SWEDEN

• COSTS REDUCED 50%



• COMPLICATIONS DRAMATICALLY REDUCED

 MEASURING SUCCESS BY "NUMBER OF PATIENTS WORKING"

